



The Confident Patient:

A Doctor Discussion Guide About Gout Treatment

Tracking symptoms and severity

- What symptoms should I be tracking, and what's the best way to record them?
- How do I know if my gout has progressed to CRG? If my symptoms flare or suddenly worsen, what should I do?
- How would you describe my severity? How will that inform your treatment approach?
- Is there a chance my condition could get worse if we don't act now?

Exploring treatment options

- How is treatment for CRG different from standard treatment for gout?
- Based on my symptoms and treatment history, what treatment options am I a good candidate for?
- What is a NASP infusion and how does it work?
- How are infusion medications different from oral medications?

Getting treatment that meets your needs

- If my treatment plan includes infusion medications, what will my treatment schedule be?
- How will you evaluate whether my treatment is working or not? How will we measure and track this?
- If we need to switch treatment pathways, what would that process look like?

Symptom check-in

- Severe pain
- Joint swelling or inflammation
- Limited range of motion in the joints
- Redness
- Kidney stones/other kidney issues
- Skin nodules on the fingers, hands, or feet
- Burning sensations or skin that feels hot to the touch

Notes: